

# Building a Basic Emergency Supply Kit

After an emergency, you may need to be self-sufficient for a few days. Being prepared means having your own food, water, and other essential supplies



## Building a Kit

To create your emergency kit, place items in airtight bags to guard against moisture. Then, store the complete kit in one or two easy-to-carry containers, like plastic bins or duffel bags, for convenient organization and retrieval.

### The Basics

- ✓ Water & non-perishable food
- ✓ Cellphone Charger
- ✓ Flashlight and extra batteries
- ✓ NOAA Weather radio
- ✓ First Aid Kit
- ✓ Whistle to signal for help
- ✓ Dust Mask & Duct tape
- ✓ Local Maps
- ✓ Wrench or pliers to shut off utilities
- ✓ Extra batteries
- ✓ Family Emergency Contacts
- ✓ Work Gloves

### Additional Supplies

- ✓ Prescriptions and Eye glasses
- ✓ Utility knife
- ✓ Important family documents
- ✓ Medical Documents/ Information
- ✓ Cash and Change
- ✓ Sleeping bag/ warm blankets
- ✓ Complete change of clothes
- ✓ Matches in a waterproof container
- ✓ Fire Extinguisher
- ✓ Personal hygiene items
- ✓ Paper plates, disposable utensils
- ✓ Paper and pencils

### For the whole family

- ✓ Coloring books and crayons
- ✓ Playing cards, books and puzzles
- ✓ Hand sanitizer
- ✓ Aspirin, antacids and other OTC
- ✓ Pet food, treats and water for pets
- ✓ Food dishes and leash
- ✓ Veterinary information
- ✓ Infant formula and diapers
- ✓ Jumper cables
- ✓ Animal carrier
- ✓ Current picture of you and family members

For more information visit  
<https://www.ready.gov/kit>



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