

# CAREGIVER APPRECIATION *Event*



OCTOBER 30 10-1:00

Join The Morrow Seniors on Center and the Area Agency on Aging for a day of prizes, free lunch, giveaways, fun, crafts, and a **special announcement**.



**Who is a caregiver?** Some who *cares* for a friend, family member, neighbor, etc. with physical & emotional support, daily tasks, personal care, managing medications, transportation, chores, companionship.

**WHO:** Caregivers of any age (current or those who have recently been caregivers) Grandparents raising grandchildren welcome too!

**WHAT:** "Self Care as a Caregiver" Presentation, **FREE** lunch, activities, entertainment, crafts, resources, special announcement, and giveaways

**DATE and Time to be announced.**

**WHERE:** *Morrow Seniors on Center* - 41 West Center Street, Mount Gilead, Ohio 43338.

Entertainment and activities provided by



Presentation by



**419-946-4191**