

CAREGIVER APPRECIATION *Event*



OCTOBER 30 10-1:30

Join The Ohio District 5 Area Agency on Aging for a day of prizes, free lunch, giveaways, fun, crafts, and a **special announcement**.



Who is a caregiver? Someone who cares for a friend, family member, neighbor, etc. with physical & emotional support, daily tasks, personal care, managing medications, transportation, chores, companionship.

WHO: Caregivers of any age (current or those who have recently been caregivers) Grandparents raising grandchildren welcome too!

WHAT: "Self Care as a Caregiver" Presentation, **FREE** lunch, activities, entertainment, crafts, resources, special announcement, and giveaways

DATE: October 30

TIME: 10:00 - 1:30

WHERE: Ohio District 5 Area Agency on Aging, 2131 Park Avenue, Ontario, OH 44906. Enter through West side under portico of the Hawkins Conference Center.

Entertainment and activities provided by



Presentation by



Register Now

SCAN



567-247-6458

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