

Board of Richland County Commissioners

Proclamation

**RICHLAND COUNTY MENTAL HEALTH MONTH
2024**

WHEREAS, Richland County Mental Health and Recovery Services Board and our partnering agencies continue to observe the tradition of celebrating Mental Health Awareness Month. This national event began in 1949 and was designed to bring attention to the importance of mental health and well-being of everyone. This year's theme for Mental Health Month is "Where to Start: Mental Health in a Changing World." and

WHEREAS, being able to maintain good mental health is essential to each and every individual's overall health. Mental health conditions are common, manageable and treatable; and

WHEREAS, the behavioral health system in Richland County has a broad continuum of care with a variety of services for both mental health and substance use disorders. We offer mental health assistance for all ages and comprehensive adult outpatient services. We offer crisis intervention including a 24-hour helpline, a crisis stabilization unit, a 24-hour warmline staffed by peer support specialists. We provide services for substance use disorders including assessment, residential treatment and withdrawal management substance use programming. We also have behavioral health urgent care for assessments and brief counseling; and

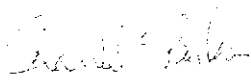
WHEREAS, one in four people will experience a mental health condition in any given year and everyone faces challenges in life that can impact their mental health; and

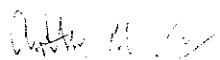
WHEREAS, about half of Americans will meet the criteria for a diagnosable mental health condition sometime in their lives, with symptoms starting by age 14 for the majority of people, so we encourage residents to go to <https://richlandmentalhealth.com> where you will find a printable one pager that highlights local agencies and services; and


WHEREAS, this year we recognize our behavioral health community partners and their staff and remind everyone it is never too soon to seek treatment for your mental health and substance use disorder. Getting help early saves lives

NOW, THEREFORE, BE IT RESOLVED the Richland County Board of Commissioners do hereby proclaim the month of **May 2024 as Mental Health Month** in Richland County and call upon the citizens, government agencies, public and private institutions, businesses and schools in Richland County to recommit our community as a step toward increasing awareness, wellness and an understanding of mental illness and addiction.

IN WITNESS WHEREOF, we have set our hand and caused the seal to be affixed this 30th day of April, in the year of our Lord, two thousand and twenty-four.


Darrell E. Banks


Anthony M. Vero


Cliff Mears

BOARD OF COMMISSIONERS
RICHLAND COUNTY, OHIO

